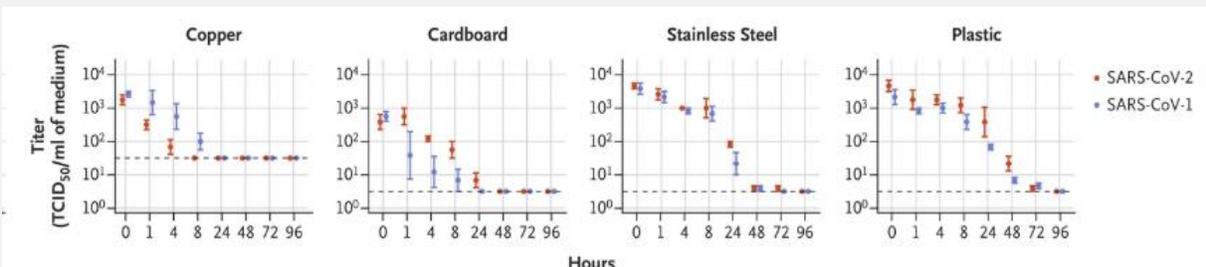


### What you need to know

- The virus survives (Tests were done with an environment of: 21 to 23°C with 40% relative humidity for 7 days)
  - 72 hours on plastic ( $10^{3.7}$  reduced to  $10^{0.6}$  TCID<sub>50</sub>)
  - 48 hours for stainless steel ( $10^{3.7}$  reduced to  $10^{0.6}$  TCID<sub>50</sub>)
  - 24 hours on cardboard
  - 8 hours on copper
- Several variables will influence the time of disintegration of the virus. The more contaminants on a surface, the longer this period.



Study: New England Journal of Medicine <https://www.nejm.org/doi/pdf/10.1056/NEJMc2004973>

### Procedure - Reading mail in 4 days

If your station includes plastic envelopes or elastics to hold the envelopes we recommend a 4-day quarantine.

#### Solution A) - Quarantine in a plastic bag

1. Post office deposit in a place reserved for this purpose by the messenger
2. Put on disposable gloves
3. Take the mail and put it in a plastic bag probably identified with the opening authorization date.
4. Remove gloves with proper technique
5. Close the plastic bag and place it in a designated quarantine area.
6. Disinfect your hands.

### Procedure - Immediate mail reading

If your station includes plastic envelopes or elastics to hold the envelopes we recommend a 4-day quarantine.

#### Solution A) - Immediate mail reading

Before you start you must:

- You must have determined a dedicated workstation for opening mail that will not be used for other things.
- You must install 2 garbage cans with a bag that is folded on the edge of the trash can. One of the garbage cans will be for contaminated documents and the other for quarantine letters that you must keep.

Steps:

1. Post office deposit in a place reserved for this purpose by the messenger
2. Disinfected the work environment
3. Disinfected you hands
4. Put on disposable gloves
5. Take the envelope and open it and take out the document/letter
6. Putting the envelope in the contaminated document bin
7. Put the letter in the trash for quarantine
8. Remove disposable gloves from contaminated garbage can
9. Disinfected you hands
10. By taking the bag by the edge you close the bag with the contaminated documents that you will carry in the waste.
11. Disinfected you hands
12. By taking the bag by the edge you close the quarantine bag that you are going to put in a place for this purpose.
13. Disinfecting the workstation
14. Disinfect your hands.